

If you need help in an emergency.

Phasedown Emergency card | Ship the silence. Return recharged.

Kit: Time-locked phone lockbox | analog film camera | guided journal

In an emergency: Break the seal.

Founder / urgent help: +1 253-353-7939

How to use: Call this number only for genuine urgent situations - damaged kit, missing pickup, anything that cannot wait for Monday morning. For everything else, email us and we will reply on the next business day.

Your Phasedown kit is a one-piece physical time-locked phone lockbox - modeled on the kSafe-style kitchen-timer design - with no override code, no master key, and no remote unlock. You decide what counts as an emergency. The lockbox has a physical release you can use at any time. The friction of the lock is the point of the weekend - but the release exists so the lockbox is never the obstacle in a real emergency. If something is happening that requires your phone, open it.